

# Heather Tracy

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## Biography



I was an actress for many years, with an eclectic career that has seen me blowing things up on stage, trundling across Westminster Bridge inside a Dalek and doing blood-curdling death screams at the Royal Opera House. I sang with comedy acapella group *The Frigidaires*, supporting Lily Savage and Boney M (not on the same night) and touring university campuses sponsored by Durex. Loftier work includes performing Shakespeare at The Globe and in Jordan and Morocco.

I still dangle one toe in murky thespian waters, mainly as a voice-over artist, but am now concentrating on my writing. I have just finished my first screenplay and my first novel.

## Writing

- [The Day Suze Went Mad](#) Short screenplay to complement feature film *Protoverse*. Co-written with Rupert Booth (Helical Scan). In pre-production
- [She's Lost Control](#) Article on the relationship between drama and ritual for *Abraxas Magazine* (Fulgur Press)
- [Is There Anybody There?](#) Commissioned article to accompany the eponymous exhibition (WW Gallery)
- [Ravenswood \(feature film\)](#) Additional comic dialogue (MEV Films)
- [The Pump House Arts Centre, Watford](#) Venue review (Hotline for Virgin Trains Magazine)
- [Nick Reeves Music](#) Autumn newsletter and web content
- [Ladies First – Women In Science Fiction](#) Commissioned Feature (Starburst Magazine Summer Special)
- [Our London Sparrows](#) Booklet to support the RSPB at annual Bankside Festival, *October Plenty* (The Lions part in association with Shakespeare's Globe)
- [Thanks For The Memory](#) World War II reminiscence tour

## Current Projects

- I have just completed my first novel which is now in the submissions phase
- [An Average Man \(provisional title\)](#) My second book, derived from the scanty notes written by my father and found after his death. They form the basis of an autobiography about his journey from East End poverty to bomber pilot

## Editing / Proofreading

- [Telling Stories: The Vietnam War Documentary](#) Proofreader / Sub-Editor (MHRA style guide) for Dr. Rowana Agajanian's PhD thesis
- [The Apple Branch: An English Shamanism](#) Proofreader / Sub-Editor for Stephen Blake
- Production and editing of theatre programmes and press releases for *the Lions part* theatre company

## Photography, Art and Music

- [Experimental Ruins](#) Contribution of photography and artwork to Field Guide, an experiential Overt Research project (Arts Catalyst / Office of Experiments)
- [Return To Ravenswood \(feature film\)](#) Soundtrack composer (MEV Films)
- Headshot photography for actors and business people

## Skills and Software

- Advanced level Microsoft Word, Excel, PowerPoint – PC and Mac
- Excellent research skills
- Proofreading / editing. Strong academic report-writing and editing skills
- Competent digital photographer (Canon)
- Clean driving licence. Own car
- Reasonable French

## Vocational Training

- Various Travel Journalism courses with Susan Grossman
- Creative Writing (one-day course) with Louise Tondeur
- The Alchemy of Screen Acting (a Jungian approach to screen acting and writing) with Andrew Higgs
- Weaponised Art and a ritualistic approach to drama and writing with John Harrigan / Foolish People

## Adventures

- Camping in the Outback
- Riding the Ghan
- Fighting the pavements in Penang (I have the dent in my leg to prove it)
- Gnaoua rituals in Morocco
- Diving the Great Barrier Reef
- Touring The Falklands in a Chinook
- Singing at the Olympic Arts Festival in Barcelona
- Performing at Glastonbury Festival
- Celebrating Rasos (Midsummer) with the Romuva in the Lithuanian Hills
- New Year in Reykjavik
- Performing in Notting Hill Carnival
- Snowshoeing in the Espedalen Valley, Norway
- Summer Solstice celebrations at Avebury
- Living and working as an actor in Hamburg
- Warsaw, Krakow and Auschwitz by train
- Living in a medieval French cottage for a year

## Social Networks

- **Facebook** <http://www.facebook.com/pages/Heather-Tracy/144756712213454>
- **Twitter** <http://www.twitter.com/scuffedredshoes>
- **LinkedIn** [http://www.linkedin.com/profile/view?id=27460350&trk=tab\\_pro](http://www.linkedin.com/profile/view?id=27460350&trk=tab_pro)
- **Flickr** <http://flickr.com/photos/28232489@N05/sets/>